

Cookies Policy

From 25 May 2018 new General Data Protection Regulations came into force. Under the GDPR Regulations Anna Rexha of Indigo Counselling Solutions is required by law to inform you how your privacy is affected when you are using this website

www.indigocounsellingsolutions.com.

Indigo Counselling Solutions uses cookies on the www.indigocounsellingsolutions.com website (the "Service"). By using the Service, you consent to the use of cookies.

What are cookies?

Cookies are a small text files that are stored in your web browser that allows Indigo Counselling Solutions or a third party to recognize you. Cookies can be used to collect, store and share bits of information about your activities across websites, including on Indigo Counselling Solutions website.

Cookies might be used for the following purposes:

- To enable certain functions
- To provide analytics
- To store your preferences
- To enable ad delivery and behavioural advertising.

This Cookies Policy explains what cookies are, how they are used, your choices regarding cookies, how to control or delete them and further information about cookies.

Cookies used on this website

Indigo Counselling Solutions uses Session Cookies, Performance Cookies and Third-Party Cookies.

Session Cookies

Session Cookies are used to identify a visit to this website. These cookies expire after a short time, or when you close your web browser after using this website. These cookies are used to identify you during a single browsing session.

Performance Cookies

Performance Cookies are used to help the OVH (the hosting provider) to recognise and count the number of unique visitors and to see how visitors move around the website when they are using it. This helps to improve the way the website works, for example, by ensuring that users are finding what they are looking for easily. This information is reported back to Anna Rexha of Indigo Counselling Solutions via the websites dashboard. Performance cookie does not collect information that could identify a visitor and is not collected or stored for any other purpose.

By using this website, you agree that I, Anna Rexha of Indigo Counselling Solutions via this OVH Website can place these types of cookies on your device.

Third-Party Cookies

Third party companies like analytics companies and ad networks generally use cookies to collect user information on an anonymous basis. They may use that information to build a profile of your activities on the Indigo Counselling Solutions Website and other websites that you've visited.

This website contains links to external companies, links to social media and various directories. Links provided are intended to enable the user to better understand the way data is collected, stored and used by the website. It is the intention of the website to provide alternatives to Indigo Counselling Solutions and provide the resources for an informed choice. Indigo Counselling Solutions aims to empower the user when making a choice and researching ways to find help or guidance. External websites accessed through these links may send cookies, these cookies may collect or store data that Indigo Counselling Solutions does not control. Indigo Counselling Solutions urges its' visitors to view their cookie policy.

What are your choices regarding cookies

If you do not like the use of cookies or certain types of cookies, you can change your browser's settings to delete cookies that have already been set and to not accept new cookies. To learn more about how to do this, visit the help pages of your browser.

Please note, however, that if you delete cookies or refuse to accept them, you might not be able to use all of the features offered, you may not be able to store your preferences, and some of our pages might not display correctly.

- For the Chrome web browser, please visit this page from Google:
<https://support.google.com/accounts/answer/32050>
- For the Internet Explorer web browser, please visit this page from Microsoft:
<http://support.microsoft.com/kb/278835>
- For the Firefox web browser, please visit this page from Mozilla:
<https://support.mozilla.org/en-US/kb/delete-cookies-remove-info-websites-stored>
- For the Safari web browser, please visit this page from Apple:
https://support.apple.com/kb/PH21411?locale=en_US
- For any other web browser, please visit your web browser's official web pages.

Where can you find more information about cookies

You can learn more about cookies and the following third-party websites:

- AllAboutCookies: <http://www.allaboutcookies.org/>
- Network Advertising Initiative: <http://www.networkadvertising.org/>
- Your Online Choices: <http://www.youronlinechoices.com/uk/>
- OVH: https://www.ovh.co.uk/support/termservice/cookies_ovh.xml).

If you have any further questions about this Cookie Policy, please contact Anna Rexha, Indigo Counselling Solutions on 07544 094 617 or indigocounsellingsolutions@gmail.com.